

# Michael D. Smith, PsyD., P.C.

Licensed Psychologist

303-424-8250

## Disclosure Statement for Psychotherapy

### We Want You to Be Informed

Colorado State Department of Regulatory Agencies licenses professionals who practice psychotherapy. The license is a guarantee that you are seeing a professional who has been trained and supervised in the diagnosis and treatment of mental conditions. The agency within the department that has responsibility specifically for licensed and unlicensed psychotherapists is the State Grievance Board, 1560 Broadway, Suite 1340, Denver, Colorado 80202, (303) 894-7766.

Dr. Michael D. Smith earned his doctorate in Counseling Psychology from the University of Northern Colorado. He is licensed as a psychologist in the State of Colorado.

### Please Be An Active Partner With Your Therapist And Ask About Treatment and Fees

Dr. Smith is a licensed professional who practices specific methods of treatment and can explain what techniques will be used. Although the exact length of treatment is hard to predict, he will tell you his average treatment duration for conditions similar to yours. You have a right to know if other treatments are available, and Dr. Smith can guide you as to the effectiveness of alternatives. Dr. Smith may consult with experts on treatment issues. You are encouraged to discuss your progress in treatment, and are reminded that you may end treatment at any time. You may also seek a second opinion if you wish to do so. Fees for all services will be discussed. You are expected to pay fees at the time services are rendered. *You will be charged for a missed appointment or if you fail to give a 24-hour notice when canceling an appointment.*

### Please Ask About Confidentiality and Know Your Rights

The information provided by and to you during therapy sessions is legally confidential, except as required by law. Exceptions to confidentiality include "threat of serious harm to self or others," as in the case of child abuse, suicide or a grave disability. Generally, information provided by and to a client during therapy is legally confidential if the therapist is a certified school psychologist, a licensed clinical social worker, a licensed marriage and family therapist, a licensed professional counselor, a licensed psychologist, or an unlicensed psychologist practicing under the supervision of a licensed psychotherapist. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's consent. Information disclosed to a licensed clinician in a therapeutic relationship is considered privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person to whom the testimony sought relates. There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (see section 12-43-218, C.R.S., in particular). You should be aware that, except in the case of information given to a licensed psychologist, legal confidentiality does not apply in a criminal or delinquency proceeding. There are other exceptions that I will identify to you as the situations arise during therapy.

In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs, it should be reported to the State Grievance Board.

I have read the preceding information and understand my rights as a client/patient.

\_\_\_\_\_  
Client/ Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist